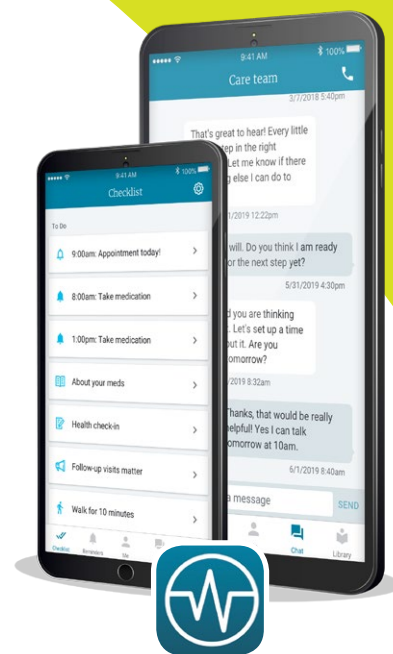


# Caring. Now available anywhere.

Caring for your people isn't something you only do from 9 to 5. So in this 24/7 world we're helping you help employees manage their health each and every day with the Wellframe® app.

It's an easy way for our dedicated team of health care professionals to give confidential, text-based, one-on-one help to members using a smartphone or tablet. They'll get guidance, support, and a personalized care plan to help achieve their health care goals.

- Employees and their families connect conveniently via text with licensed health care professionals when they need advice or support
- Employees get guidance for things like general wellness, weight loss, smoking cessation, diabetes, high blood pressure, and more
- Using these one-on-one conversations and member data, we develop personalized care plans to keep healthy employees healthy and complex conditions in check, **lowering medical costs by \$500–\$2,000+\*** per Univera Healthcare member based on risk tier
- **80% of Univera Healthcare members on Wellframe®\*** have successfully addressed a health issue
- Through a **10X increase in contact opportunities,\*** we've made it easier than ever to stay engaged



*Free mobile health support  
for smartphone or tablet*

**univera**  
HEALTHCARE

**"My cholesterol is down, my triglycerides went from 600 to 300, my blood pressure is 118/52. These results are all because of you, who got me started, gave me the information that I needed, and kept me going along the way. Thank you."**

–Univera Healthcare Wellframe® user



**\$500–\$2,000+**

saved per Univera Healthcare member based on risk tier\*



Employees average

**49 texts**

with care managers compared to just 4.5 phone calls, and stay connected longer\*

## Care on their terms

Wellframe® can give your employees free access to help manage issues like these:

- Substance Abuse
- Anxiety
- Depression
- Coronary Artery Disease
- Congestive Heart Failure
- Diabetes Management and Prevention
- Maternal Health
- High Blood Pressure
- Asthma
- Stress Management
- Weight Loss
- Smoking Cessation

**To learn more about how Wellframe® can improve outcomes and control costs, talk to your broker or Univera Healthcare Account Manager today.**

\*2018 Health Plan data provided by Wellframe®

Copyright © 2019, Univera Healthcare. All rights reserved.

Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex.

Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros.

注意：如果您说中文，我们可为您提供免费的语言协助。请参见随附的文件以获取我们的联系方式。

UN-2817

**univera**  
H E A L T H C A R E